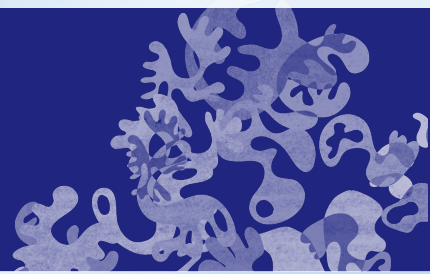




Reducing loneliness and social
isolation for Harlow Seniors



Coffee Stop

Friendly for those with Dementia and their
Carers but

All are welcome!

Every Tuesday at 10.30am.

St James Church, Perry Road, CM18 7NP.



Tea & chat...Coffee & company... Laughter... Games...Friendship...
Songs...Seated Exercise...Quizzes...Dementia advise...Community...

Contact Ron on 01279 882165

or email: ron@rainbowservices.org.uk