



Dementia Friendly Coffee Morning

for people with dementia and their carers, family and friends.

DAA
Harlow
Dementia Action Alliance

All are welcome, whether you have an existing Church connection or not.

Rainbow
services

The weekly Coffee Morning will take place at St. Mary-at-Latton Church Hall,

The Gowers, Harlow CM20 2JP every Friday from 23rd July, between 10.30 a.m. and 12pm

In a friendly relaxed atmosphere, you can chat to others who may be going through similar experiences, have a cup of coffee or tea and a biscuit and enjoy fun reminiscence quizzes, exercises and games along with singing familiar hymns and saying the Lord's Prayer together.

Having faith is very important to many people with dementia and their carers. This coffee morning will help people affected by dementia to enjoy socialising as well as helping people to participate in activities relevant to their faith.

For further information, contact: -

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